



## We Welcome Our Guests to Ankeny

First! At today's worship service we pray that you will sense a new and energized connection with the presence of God as we worship through singing, praying, learning, and experiencing together. We invite you to tear off the Connect Card, fill it out and drop it in the offering baskets.

Worshipping at Ankeny First

**Children** are always welcome in worship, and "Worship Bags" containing children's activities are available for them to use. Childcare is provided on Sunday mornings for infants and toddlers, as well as Sunday School for children ages 3 and up. Just ask an usher for assistance in finding the nursery or Sunday School rooms. A "Wee Care" Room is located in the balcony of the Uptown Sanctuary, so little ones can play while parents watch and listen to worship.

**Special Needs** At our Uptown location, large print hymnals and bulletins, and wireless hearing aids are available—ask an usher for assistance.

**Fellowship** You are all invited to Fellowship Time! **Uptown:** Between the three Sunday services in Fellowship Hall. **Faith Chapel:** Between both services. **Christian Life Center:** Between both services. **Spirit Alive:** Before worship.

**Communion** The first weekend of each month. Healing oil is also available in the Uptown Chapel after communion.

### Worship

**Uptown:** 206 SW Walnut St ~ **964-4249**

Saturdays 5:00pm ~ Spirit Alive

Sundays 8:30am ~ Traditional

9:45am ~ Relaxed Contemporary

11:00am ~ New Traditions

**Christian Life Center:** 710 NE 36th St ~ **289-9153**

Saturdays 7:15pm ~ "The Road"

Sundays 9:00am & 10:45am ~ Contemporary

**Faith Chapel:** 7384 NW 16th St ~ **964-4249**

Sundays 9:00am ~ Traditional

10:30am ~ Casual

### Sunday School

**Uptown:**

9:45: 3yr old -7th grade

11:00: 3yr old -5th grade

9:45: Seekers (adult) Rm 314

9:45: Alpha & Omega (adult) Lounge

9:45: Disciple's Dojo (adult) Rm 310

**Christian Life Center:**

9:00: 3yr old -5th grade

10:45: 3yr old -5th grade

**Faith Chapel:**

10:30am ~ 3yr old-3rd grade

**Nursery available at all Sunday services.**

At Ankeny First, we are intentional in keeping our Membership Covenant to uphold the United Methodist Church by our PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS:

**PRAYERS:** The following are some of our joys and concerns:

**Hospitals: Methodist West:** Lee Harris **Sunnyview:** Joyce Lundstrom, Wilma Taylor

**Discharged:** Roy Crabtree

**Sympathy to:** Amy Suedmeier on the death of her grandmother on July 29. ♦ Friends and family of Minetta Friedman on her death on August 5. ♦ Linda Schlenker on the death of her mother, Helen Schlenker, on August 8.

**PRESENCE:** The following are attendance figures from last week:

**WORSHIP:** (The Road)39 (Sat)47 (8:30)160 (9:45)116 (11:00)138

(CLC-9:00)226 (CLC-10:45)156 (FC-9:00)63 (FC-10:30)14 Total = 959

**SUNDAY SCHOOL** (Uptown)61 (FC)5 (CLC)93

**GIFTS:** Last week's offering for Christ's work here and around the world:

Operating Budget \$29,798.89 Cap. Campaign \$4,524.90 Memorial \$105 Mission \$2,998 Other \$485.76

Find us on the web at [www.AnkenyFirst.org](http://www.AnkenyFirst.org).

In Mission

**Agape Garden** We need lots of help harvesting this month! Please consider volunteering, especially on Tuesday or Thursday evenings when the DMARC van picks up produce. Regular work hours: Tuesdays & Thursdays 6:00pm-dusk; Saturdays 8:00am-noon at Faith Chapel. If these times don't work, call the church office to make other arrangements, 964.4249.

**August Mission of the Month** In August, we will focus on getting socks, underwear, undershirts and bras for students who struggle to purchase them on their own, right here in the Des Moines area. We are asking for NEW, in-the-package socks and underwear in all sizes, for both our elementary and older youth.

**Soul Food Café begins Sept. 14** and we need clean-up helpers! See the Connect Card to serve.

Sports/Fitness

**Golf @First** Kick-off the Cy-Hawk weekend with a fun night of golf on Friday, **September 9** (shotgun start at 5:30pm). This outing will be played as a best ball scramble at Otter Creek Golf Course. Registration is \$30 per person which includes nine holes of golf and use of a cart. Hang around after golf for pizza at Otter Creek's Tin Cup restaurant. You can register individually or as a team. Registration is open on our website. Space is limited so register today. Don't forget to show your team spirit and wear your favorite school's fan gear! [www.ankenyfirst.org/golf.htm](http://www.ankenyfirst.org/golf.htm)

**Early Morning Fitness Sessions Start Soon!** Summer is almost over so it's time to start thinking about your back-to-school routine. Sign-up now for our early morning HIIT sessions (formerly Bootcamp). These 30-minute classes are held Mon.-Fri. at 5:15 or 6:00am **beginning Aug 15**. High Intensity Interval Training (HIIT) is a total body, heart-pumping, aerobic and strength conditioning workout. This interval-based class combines full-body strength training with high-intensity cardio bursts designed to tone your body, improve your endurance and clear your mind before the busy days get started. Modifications for all fitness levels are provided. Register on our website at [www.ankenyfirst.org/hiit.htm](http://www.ankenyfirst.org/hiit.htm)

**Tae Kwon Do** Little Dragon Warriors is a detailed curriculum that focuses on improving children's basic motor and listening skills. Children (ages 4-6) will be exposed to positive social interaction while learning to work with others and follow directions. Classes will include an intentional time for devotion. A new 8-week session begins Tuesday, August 30 at 6:30pm. Cost is \$30. More information including registration is on our website: [www.ankenyfirst.org/tae-kwon-do.htm](http://www.ankenyfirst.org/tae-kwon-do.htm)

Worship Arts

**We want YOU to play your band instrument at church!** Youth and adults (6th grade and up) are invited to bring that band instrument that you are learning to play, or that may be sitting on a shelf, and be part of the "Instruments of Peace" church orchestra. We support Uptown traditional worship with our music once a month, Sept. through May. **Rehearsals for sr. high through adults are Wednesdays at 7:00pm in the Uptown Chapel, beginning August 24.** Rehearsals for 6th - 9th grades are Wednesdays from 5:30-6:00pm, beginning Sept. 14 in Room 3. Questions? Email [Melody.Webb@ankenyfirst.org](mailto:Melody.Webb@ankenyfirst.org)

**Choir Ministry Retreat** Singers (sr. high - adult) who are interested in being part of the Choir Ministries @first at the Uptown or Faith Chapel sites are invited to this kick-off choral music retreat on **Saturday, August 27 from 9:00am to 3:00pm at Faith Chapel.** This is a great way to meet fellow singers and get connected! The day will be broken into segments that will focus on music rehearsals, spiritual renewal, fellowship and team building. A light lunch will be provided. Sign-up using the Connect Card or email [Melody.Webb@ankenyfirst.org](mailto:Melody.Webb@ankenyfirst.org). Weekly rehearsals will begin Wednesday, Aug. 31, 7:00pm, at each site.

## Prayer Requests

- Please keep this confidential to pastors and church staff only.
- Please put this on our public prayer chain.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- I would like to speak with a pastor or someone from our Christian Care Ministry about this request.

## Hospital Notices

Name \_\_\_\_\_

Hospital \_\_\_\_\_

Date \_\_\_\_\_

## Ministry Opportunities

- I would like more information about the Disciple Bible Study courses begin this fall.
- I would like to be on the Soul Food Café clean-up team starting September 14.
- I would like to assist with CLC hospitality.
- I plan to attend the Choir Ministry Retreat on Aug. 27. (List any food allergies: \_\_\_\_\_)

### Children's Ministry Servant Opportunities:

#### Christian Life Center Sunday School

- 9:00—3 Year Olds
- 9:00—4th-5th Grades
- 10:45—2nd-3rd Grades

#### Uptown Sunday School

- 9:45—3-4 Year Olds
- 9:45—2nd-3rd Grades
- 9:45—4th-5th Grades

#### Bible Adventures

- 6:30pm—Pre-K to Kindergarten Crew Leaders
- 6:30pm—1st-3rd Grade Crew Leaders
- 6:30pm—Crafts
- 6:30pm—Bible Storyteller

#### KULE Kids

6:30pm—Co-Coordinator

More announcements on reverse side.

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Email \_\_\_\_\_

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First Time Guest  Member/Friend

Guest less than 6 months

### How did you hear about Ankeny

First? \_\_\_\_\_

I would like more information about becoming a member.

August 13/14

## General News

**New Horizons Adult Day Center Golf Fundraiser** August 20 you may participate in a golf fundraiser at Woodland Hills Golf Course to help New Horizons. \$65 (4 person best shot, 18-holes, lunch included). *Register by August 12* by calling Vicki at 515.965.1602.

**Pots and Pans, Oh My!** Please pick up any pots, pans, or dishes that you may have left in the Uptown Fellowship Hall kitchen by September 1. After this day, they will be donated.

**The Ankeny Mental Health Ministry** is co-sponsoring a 2-day suicide prevention symposium in September. Schools are being challenged to send a delegation of staff and students to the symposium to learn about prevention, and how to help if a suicide occurs. Additionally, adults who work with youth in the community, including churches are also invited to participate in a Mental Health First Aid course. We need our church family to help raise funds for this event so that we can host as many teachers and youth ministry folks as possible at no charge. No contribution is too small to assist in this effort! In addition to cash donations, there is also a "wish list" available at The Connect or online.

**Connection: Africa** You may know a little about our Malawi Partnership of Hope, but we are also connected to Africa in other ways as well. On Wednesday, August 31, at 6:00pm, you are invited to join us at the Uptown Fellowship Hall to meet Larry Keis, a missionary that you support who teaches agriculture at Africa University. Come and hear his message of gratitude and learn how he and his wife, Jane, give of themselves to answer God's call each day. You will also have the opportunity to hear more about our recent visit to Malawi, health and school kits, how the disease of Malaria is being defeated, and much more. Refreshments will be served.

## Children | Families

**Children's Ministry Servants Still Needed** Fall is ALMOST here! We invite volunteers to help us in Children's Ministry—through Sunday School, Bible Adventures, and KULE Kids! Please contact Pat Crownover or Marcie Mulford if you are interested in any of these programs, or sign the CONNECT CARD.

**Children's Ministry Training Event: Digging Deeper with Jesus** Sat., August 27, 9:00am-12:30pm, \$15, at the Christian Life Center. This half-day workshop allows Christian educators to explore the heart of Jesus in ways that will equip them with new, practical tools and concepts for children's ministry. Questions? Contact Pat Crownover. To register, email [Marcie.Mulford@AnkenyFirst.org](mailto:Marcie.Mulford@AnkenyFirst.org).

**Supplies Needed for All Sunday School Mission Day** On Sunday, August 28, our children and youth will be preparing snack bags for Oak Ridge Academy in Des Moines. We need donations of fruit cups, granola bars, 100% juice boxes, pudding cups and apples. Place donations in the bins near the CLC or Uptown offices. This is ONE way that our children can reach out to share God's love with others!

**Childcare Workers Needed!** The Ankeny First childcare team is taking applications for part-time, paid childcare workers. If you love children and like a flexible work schedule, get an application in the Uptown office, or visit [www.ankenfirst.org](http://www.ankenfirst.org). Must be 16. Great for stay-at-home moms because you can bring your kids along!

**Bright Beginnings Preschool Still Has Openings** There are still openings in our Parent's Morning Out Program for 2 year-olds, and not yet potty-trained 3 year-olds (one or two days per week). Additionally, we have one opening in our 3 year-old program, and two openings in our 4 year-old program. Our KinderPrep program for 5 year-olds has three openings as well! Contact Missy Starr, 515.229.0667.

## Connection

**Ankeny First Singles Ministry Team** encourages all Christian singles over 30 to join us for fellowship and fun on the third **Saturday** of every month. We will meet from 7:00-10:00pm Sat., **August 20**, at JC's Café, located just west of the main building. Bring a snack to share! Contact the office at 964-4249 with questions.

# Welcome

## Uptown Campus ~ Traditional Worship

August 14, 2016 ~ 8:30am

### PRELUDE

### WELCOME / \*CONGREGATIONAL GREETING

\*CALL TO WORSHIP Worship Leader: Melody Webb

\*PROCESSIONAL HYMN "Praise to the Lord, the Almighty" #139 vs. 1,2,3,5

### \*OPENING PRAYER/WORDS OF PARDON & ASSURANCE

### TIME WITH THE CHILDREN

ANTHEM "Your Heart (David)" [Herms/Nordeman] Caleb Webb

### OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY

\*DOXOLOGY / \*PRAYER OF DEDICATION

HYMN OF REFLECTION "Have Thine Own Way" #382 vs. 1,3,4

### SCRIPTURE

I Samuel 16; II Samuel; II Kings 2

### SERMON

"Champions—David" Rev. Scott Hibben

\*HYMN OF SENDING "Amazing Grace" #378 vs. 1-4

### \*BENEDICTION / POSTLUDE

*\*Please stand if you are able.*

Note: Please silence all cell phones & refrain from flash photography during worship.

### Today's Worship Helpers are listed below:

**Worship Hosts:** John & Dorothy Barnhart, Marvin Hastings, Matt Heilskov, Ken Kise, Ralph & Michaela Owens, Lynda Smith

**Organist/Pianist:** Paul Van Ryswyk **Acolytes:** Confirmation Students

**Tech Support:** Del Piittmann, Riley Cullen

### Our Mission:

*To be an open and inviting community of faith through which God grows deeply committed Christians.*

### Our Vision:

**Reach** WITH the love of Christ.

**Grow** IN the love of Christ.

**Serve** THROUGH the love of Christ.



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## Uptown ~ Relaxed Contemporary Worship August 14, 2016 ~ 9:45am

GATHERING SONG

WELCOME / \*CONGREGATIONAL GREETING

\*PRAISE SONGS

CHILDREN'S TIME

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY "Your Heart (David)" [Herms/Nordeman] Chase Harrison

\*DOXOLOGY

SONG OF REFLECTION

SCRIPTURE

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Worship Leader: Melody Webb Tech Support: Mark Johnson, Caleb Webb

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## Christian Life Center Contemporary Worship August 14, 2016 ~ 9:00am & 10:45am

\*PRAISE

PRAYER

CHILDREN'S TIME

OFFERING OF OURSELVES

SCRIPTURE

1 Samuel 17:4-11, 25-27, 32-37, 41-50; 2 Samuel 11:1-5

SERMON

"Champions—David"

Rev. John Wagner

\*CLOSING SONG

*\*Please stand if you are able.*

Note: Please silence all cell phones & refrain from flash photography during worship.

**CLC Hospitality Help Needed!** If you are interested in joining the CLC Hospitality Team to help serve coffee or provide cookies/treats, please contact Angela Currie at [currie.angiea@gmail.com](mailto:currie.angiea@gmail.com) or sign the CONNECT CARD.

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# Welcome

## Uptown ~ New Traditions Worship August 14, 2016 ~ 11:00am

**GATHERING SONG** "Open the Eyes of My Heart"

**WELCOME\*/CONGREGATIONAL GREETING**

**\*SONG OF PRAISE** "Praise to the Lord, the Almighty"

**TIME WITH THE CHILDREN**

**ANTHEM** "Your Heart (David)" [Herns/Nordeman] Caleb Webb

**OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS**

**PRAYERS OF THE PEOPLE / LORD'S PRAYER**

**OFFERTORY**

**\*DOXOLOGY**

**SONG OF REFLECTION** "I Give You My Heart"

**SCRIPTURE** I Samuel 16; II Samuel; II Kings 2

**SERMON** "Champions—David" Rev. Scott Hibben

**\*SONG OF SENDING** "Amazing Grace (My Chains Are Gone)"

**\*BENEDICTION / POSTLUDE**

*\*Please stand if you are able.*

Note: Please silence all cell phones & refrain from flash photography during worship.

**Today's Worship Helpers are listed below:**

**Worship Hosts:** Deb Briggs, Janet Gibson, Lisa Keller, Mike Long, Paul & Karen Underhill, Chris & Paula Williams

**Organist:** Paul Van Ryswyk **Worship Leader:** Melody Webb

**Tech Support:** Mark Johnson, Brett Pike **Acolytes:** Confirmation Students

**Worship Team:** Lois Lamansky, Paul & Roxann Swenson,

## Our Mission:

*To be an open and inviting community of faith through which God grows deeply committed Christians.*

## Our Vision:

**Reach** WITH the love of Christ.

**Grow** IN the love of Christ.

**Serve** THROUGH the love of Christ.



## Connect Card

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### Circle Worship Location/Time:

*Uptown:* 8:30 9:45 11:00 Sat. 5:00

*Faith Chapel:* 9:00 10:30

*Christian Life Center:* 9:00 10:45

Please update the following:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Names and grades of children in attendance: \_\_\_\_\_

### I am a:

First Time Guest  Member/Friend

Guest less than 6 months

### How did you hear about Ankeny

First? \_\_\_\_\_

I would like more information about becoming a member.

### General News

**New Horizons Adult Day Center Golf Fundraiser** August 20 you may participate in a golf fundraiser at Woodland Hills Golf Course to help New Horizons. \$65 (4 person best shot, 18-holes, lunch included). *Register by August 12* by calling Vicki at 515.965.1602.

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# Welcome

**Uptown ~ Spirit Alive**  
**August 13, 2016 ~ 5:00pm**

### WELCOME/\*CONGREGATIONAL GREETING

**\*SING PRAISE TO GOD** "You Are Good (with "God Is So Good")"  
"Forever Reign"

### OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

PRAYERS/THE LORD'S PRAYER

OFFERTORY

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"Your Heart (David)" The Davis family

**SONG OF REFLECTION** "Have Thine Own Way"

**SCRIPTURE** I Samuel 16; II Samuel; II Kings 2

**SERMON** "Champions—David" Rev. Scott Hibben

**\*SONG OF SENDING** "This Is Amazing Grace"

**\*BENEDICTION**

*Worship bags for children are available from Worship Hosts.*

Note: Please silence all cell phones & refrain from flash photography during worship.

Today's Worship Helpers are listed below:

**Worship Host:** Howie & Christal Munyon **Piano:** Brent Davis

**Worship Team:** Brent, Tina, Abby & Daniel Davis

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Please update the following:

Name \_\_\_\_\_

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August 13/14

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# Welcome

## Faith Chapel ~ Traditional Worship

August 14, 2016 ~ 9:00am

### HYMN SING

### WELCOME

### \*CALL TO WORSHIP

\*OPENING HYMN "Love Divine, All Loves Excelling" #384

### \*PRAYER OF CONFESSION

### \*WORDS OF PARDON AND ASSURANCE

\*OUR RESPONSE "Glory Be to the Father" #70

### \*PASSING OF THE PEACE

### ANNOUNCEMENTS

### PRAYERS OF THE PEOPLE ~JOYS, CELEBRATIONS & CONCERNS

### OFFERTORY

\*DOXOLOGY & PRAYER OF DEDICATION #95

SERMON HYMN "I Want a Principle Within" #410

SCRIPTURE Psalm 51

SERMON "Champions—David" Rev. Thom Bryant

\*HYMN OF DEDICATION "Amazing Grace" #378 vs. 1-6

### \*BENEDICTION/BENEDICTION SONG

*\*Please stand if you are able.*

*Join us for fellowship downstairs in the Fellowship Hall.*

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Audio/Video: Dean Pollpeter Keyboard: Claire Brown

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## Faith Chapel ~ Casual Worship August 14, 2016 ~ 10:30am

WELCOME

\*PASS THE PEACE OF CHRIST

\*PRAISE SONGS

ANNOUNCEMENTS & CELEBRATIONS

PRAYERS OF THE PEOPLE/JOYS, CELEBRATIONS, & CONCERNS

OFFERTORY

SCRIPTURE

Psalm 51

SERMON

"Champions—David"

Rev. Thom Bryant

\*BENEDICTION

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