



We Welcome Our Guests to Ankeny First!

At today's worship service we pray that you will sense a new and energized connection with the presence of God as we worship through singing, praying, learning, and experiencing together. We invite you to tear off the Connect Card, fill it out and drop it in the offering baskets.

Children are always welcome in worship, and "Worship Bags" containing children's activities are available for them to use. Childcare is provided on Sunday mornings for infants and toddlers, as well as Sunday School for children ages 3 and up. Just ask an usher for assistance in finding the nursery or Sunday School rooms. A "Wee Care" Room is located in the balcony of the Uptown Sanctuary, so little ones can play while parents watch and listen to worship.

Special Needs Resources Uptown & Faith Chapel: large print hymnals and bulletins, wireless hearing aids, and wheelchairs. CLC: Wheelchairs.

Fellowship You are all invited to Fellowship Time! **Uptown:** Between the three Sunday services in Fellowship Hall and Saturday before worship.

Faith Chapel: Between services. **Christian Life Center:** Between services.

Communion The first weekend of each month. Healing oil is also available in the Uptown Chapel after communion.

Worship	Sunday School
Uptown: 206 SW Walnut St ~ 964.4249 Saturdays 5:00pm ~ Convergence Sundays 8:30 & 11:00am ~ Traditional 9:45am ~ Convergence	Uptown: 9:45: 3yr old -7th grade 11:00: 3yr old -7th grade
Christian Life Center: 710 NE 36th St ~ 289.9153 Saturdays 7:15pm ~ "The Road" Sundays 9:00am & 10:45am ~ Contemporary	9:45: Seekers (adult) Family Center 9:45: Disciple's Dojo (adult) Conf. Rm 9:45: Sunday School (adult) Library
Faith Chapel: 7384 NW 16th St ~ 964.4249 Sundays 9:00am ~ Traditional 10:30am ~ Casual	Christian Life Center: 9:00: 3yr old -8th grade 10:45: 3yr old -8th grade Faith Chapel: 10:30: 3yr old-3rd grade

Nursery available at all Sunday services.

At Ankeny First, we are intentional in keeping our Membership Covenant to uphold the United Methodist Church by our PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS:

PRAYERS: The following are some of our joys and concerns:

Hospitals: Iowa City: Dawn Olson **Discharged:** John Byrne, Mike Ray, Marge Reese

Sympathy to: Rick Hupp on the death of his wife, Michele, on August 24. ♦ Kay Riggins on the death of her mother on September 1. ♦ Terri Kraus on the death of her mother.

Baptism: (UPT 8:30) Samuel Dean Luttgaharm, son of Kyle & Jen Luttgaharm.

PRESENCE: The following are attendance figures from last week:

WORSHIP: (The Road)27 (Sat)34 (8:30)146 (9:45)126 (11:00)97 (CLC-9:00)187 (CLC-10:45)133 (FC-9:00)25 (FC-10:30)10 Total = 785
SUNDAY SCHOOL (Uptown)28 (FC)0 (CLC)11 Total = 39

GIFTS: Thank you for your ongoing generosity to our ministries and missions. You can give on-line at ankenfirst.org/give.htm.

Find us on the web at www.AnkenyFirst.org.

Connection

Small Groups at Ankeny First We have approximately 40 groups beginning in the next couple of weeks. There is something for everyone! Please visit our website: www.ankenfirst.org/groups-page.htm and browse around, or refer to the inserted purple brochure in this bulletin. Then decide what interests you and get involved!

Home Communion The Christian Care Cluster wants to be sure those who have trouble being with their church family still feel connected through home communion. We have trained members of our congregation ready to visit and deliver home communion. Please provide us any names on the Connect Card that would benefit from this, and we will contact them. If you'd like to be a part of this team, please sign up on the Connect Card or contact Rhonda.Alessio@AnkenyFirst.org.

Ankeny First Singles Ministry Team encourages all Christian singles over 30 to join us for fellowship, activities/games, and fun on the third Saturday of every month. We will be meeting from 7:00-10:00pm Saturday, **Sept. 15**. We are back at JC's Café, located just west of the main Uptown building. Bring a snack to share!

Mental Health Resources Discussion The Mental Health Ministry Team will host Gabe Martinez from Broadlawn's Mental Health Services, on Wednesday, **October 10**, at 6:30pm in the Uptown Fellowship Hall. Martinez will have resource lists for us and present some of the following topics: emergency/crisis contacts; community services and support teams; Medicaid; disability; and more. The team is hoping to gather questions prior to the meeting that can also be discussed. If you have something you'd like to ask on the topic of mental health resources in Iowa, email Jim White, icjlwhite@live.com. Come early from 5:00 to 6:30pm for supper at Soul Food Café and stay for this important discussion.

Sports | Fitness

HIIT F3 (High Intensity Interval Training) High Intensity Interval Training is a total body, heart-pumping, aerobic and strength conditioning workout. This interval-based class combines full-body strength training with high intensity cardio bursts designed to tone your body, improve your endurance and clear your mind. Modifications for all fitness levels are provided. Daily, **Mon., September 10—Fri., October 5**, 4:45-5:20pm at the CLC Gym. Registration is \$20 for the 4-week session.

Little Ninjas Tae Kwon Do Our Sports Cluster partners with the Academy of Martial Arts Inc. to teach martial arts to children, ages 4-6 years. In Little Ninjas, our goal is to help your preschooler be the best they can be at everything they put their minds to, by improving basic motor and listening skills. Instructors are good role models who are trained to work with preschool-aged children. Classes will include an intentional time for devotion and prayer. Tuesdays, **Sept. 11-Oct. 23**, 6:30-7:00pm for ages 4-6 years. \$30. Register at ankenfirst.churchcenter.com/registrations/events.

Miles for Miracles 5K Our Miles for Miracles Fun Run/Walk is designed for runners and walkers of all ages and abilities. It starts and finishes at the Christian Life Center. Proceeds from this race benefit On With Life - Brain Injury Rehabilitation Specialist. It will be held on Sunday, **October 7**. Check-in is at 12:00pm and the race start is at 12:30pm. Registration is \$30/runner and kids 10 and under are free, but you must register to receive a t-shirt: ankenfirst.churchcenter.com/registrations/events. Register by Sept. 21 to receive a t-shirt. Also back this year is the Kids Ninja Course. Cost is \$5 for unlimited use of the course. Parents can run the race while kids are occupied at the supervised Ninja Course! Hot dogs, chips, and a drink will also be available for purchase for \$2. We also need many volunteers to make this event a success. If you are interested in volunteering please sign the connect card or contact Marcie.Mulford@AnkenyFirst.org.

Serving Opportunities

I would like to try helping the church in a **NEW** way in the checked ministry area.

- Worship Arts (anything music, audio/video, communion server)
- Worship Hospitality (usher, greeter, welcome)
- Small Groups
- Sports & Fitness
- Youth
- Children's
- Missions
- Christian Care

B. I would like to serve in the following **UPCOMING** ways:

- I am interested in helping with Family Promise Sept. 30-Oct. 6.
- I am interested in helping at Soul Food Café.
- I would like to volunteer at our Miles for Miracles 5K on October 7.
- I am interested in assisting with Home Communion.
- I know the following person(s) who might appreciate home communion:

(Please make sure to fill in your name & contact information on the reverse side of this card.)

Congregational Care

We always want to know how we can reach out to individuals that need our care. If you know of someone we've missed, please let us know.

Name _____
 Contact Info. _____
 Hospital _____

Stay Informed

- I would like our twice monthly e-newsletter:
- E-Mail _____

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Phone _____

Email _____

Names and grades of children in attendance: _____

I am a:

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September 8/9

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Family Promise Faith Chapel will be a host location for Family Promise of Greater Des Moines **Sept. 30-Oct. 6**. To support this program and the families that are trying to get back on their feet, we need lots of volunteers (drivers, set-up/tear-down, overnight hosts, meal prep, etc.). Sign the CONNECT card if you would like to help.

Upcoming Blood Drive Tues., **Sept. 25**, 2:00-6:00pm, Uptown Fellowship Hall. Sign up at <http://www.bloodcenterofiowa.org> or call Judy Ruble, 515.729.9482.

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New Directions Shelter Donations Needed New Directions is in need of bath towels and wash cloths, as well as cleaning rags. Please bring donations to the Uptown location and drop in the designated bin by the office.

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Nursery Donations Needed To stock up our supplies in the nursery, we are accepting donations of disinfectant spray, tissues, disinfectant wipes, and baby wipes. Please drop them off at the nursery or the church offices. Thanks!

Interested in Joining the UMW? Ladies! You are invited to participate in the United Methodist Women organization. Circle meetings will be resuming soon. Please stop by the Welcome Center for more information or contact Michaela Owens at rmowens2@mchsi.com or 515.964.4640.

General News

Welcome

Uptown Campus ~ Traditional Worship September 9, 2018 ~ 8:30am

PRELUDE

WELCOME / *CONGREGATIONAL GREETING

*CALL TO WORSHIP

*PROCESSIONAL HYMN "Immortal, Invisible" #103 vs. 1,2,3

*OPENING PRAYER

"Gloria Patri" #71

TIME WITH THE CHILDREN

SACRAMENT OF BAPTISM

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY

*DOXOLOGY / *PRAYER OF DEDICATION

*HYMN OF PREPARATION

"Lord, Whose Love Through Humble Service" #581 vs. 1,3,4

SCRIPTURE John 6:60-71

SERMON "Believe and Know" Rev. Mike Janes

*HYMN OF SENDING "Be Thou My Vision" #451

*BENEDICTION / POSTLUDE

**Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Worship Hosts:

Greeters—Mary & Lory Johnson, Bob & Connie Ruths

Ushers—Mary Adkins, Melody Auten, John & Dorothy Barnhart, Ken Kise, Jr., Darrell Krei

Tech Support: Steve Fravel, Chris Schreiber

Organist: Jan Boehm Hymn Leader/Liturgist: Beth Madison

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Grow IN the love of Christ.

Serve THROUGH the love of Christ.



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Christian Life Center: 9:00 10:45

Please update the following:

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Names and grades of children in attendance: _____

I am a:

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Welcome

Uptown ~ Convergence Worship September 9, 2018 ~ 9:45am

*GATHERING/GATHERING SONG "Only King Forever"

WELCOME / *CONGREGATIONAL GREETING

TIME WITH THE CHILDREN

*OPENING PRAYER

*SONG OF PRAISE "Make Us One"

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY "Broken Vessels (Amazing Grace)"

*DOXOLOGY / *PRAYER OF DEDICATION

SONG OF REFLECTION "Glorious Day (Living He Loved Me)"

SCRIPTURE John 6:60-71

SERMON "Believe and Know"

Rev. Mike Janes

*SONG OF SENDING "We Believe"

*BENEDICTION

**Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Worship Hosts: Greeters—Deb Briggs, Greg & Debbie Scholz

Ushers—Craig & Diane Bargfrede, John & Kathy Brown, Shanna Burke

Tech Support: Steve Fravel, Mark Johnson Worship Leader: Kathryn Bisbey

Our Mission:

To be an open and inviting community of faith through which God grows deeply committed Christians.

Our Vision:

Reach WITH the love of Christ.

Grow IN the love of Christ.

Serve THROUGH the love of Christ.



UPTOWN CAMPUS: 206 SW Walnut Street
FAITH CHAPEL: 7384 NW 16th Street
CHRISTIAN LIFE CENTER: 710 NE 36th Street

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Welcome

Christian Life Center Contemporary Worship September 9, 2018 ~ 9:00am & 10:45am

*PRAISE

PRAYER

CHILDREN'S TIME

OFFERING OF OURSELVES

SCRIPTURE

John 6:60-71

SERMON

"Believe and Know"

Rev. Angie Loomis

*CLOSING SONG

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First Time Guest Member/Friend

Guest less than 6 months

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September 8/9

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Welcome

Uptown ~ Convergence Worship September 8, 2018 ~ 5:00pm

GATHERING / *GATHERING SONG "Only King Forever"

WELCOME / *CONGREGATIONAL GREETING

*CALL TO WORSHIP

*SONG OF PRAISE

"Make Us One"

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY "Broken Vessels (Amazing Grace)"

*DOXOLOGY / *PRAYER OF DEDICATION

SONG OF REFLECTION "Glorious Day (Living He Loved Me)"

SCRIPTURE John 6:60-71

SERMON

"Believe and Know" Rev. Mike Janes

*SONG OF SENDING "We Believe"

*BENEDICTION

POSTLUDE

**Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Tech Support: Luke & Reilly Maring Worship Host: Phil & Sue Sevedge

Pianist: Christine Stone Worship Team: Jose Clavell, Cindy Litchfield, Julie Quick-Alcorn

Our Mission:

To be an open and inviting community of faith through which God grows deeply committed Christians.

Our Vision:

Reach WITH the love of Christ.

Grow IN the love of Christ.

Serve THROUGH the love of Christ.



UPTOWN CAMPUS: 206 SW Walnut Street
FAITH CHAPEL: 7384 NW 16th Street
CHRISTIAN LIFE CENTER: 710 NE 36th Street

Connect Card

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Please complete this tear-off as your offering of presence, and place it in the offering basket. If you have new contact information, please provide your name and updates.

Circle Worship Location/Time:

Uptown: 8:30 9:45 11:00 Sat. 5:00

Faith Chapel: 9:00 10:30

Christian Life Center: 9:00 10:45

Please update the following:

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Names and grades of children in attendance: _____

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Welcome

Faith Chapel ~ Traditional Worship September 9, 2018 ~ 9:00am

PRELUDE

WELCOME

ANNOUNCEMENTS

*CALL TO WORSHIP

*OPENING HYMN "Come, Christians, Join to Sing" #158

*PRAYER OF CONFESSION

*WORDS OF PARDON AND ASSURANCE

*OUR RESPONSE "Glory Be to the Father" #70

*PASSING OF THE PEACE

PRAYERS OF THE PEOPLE ~JOYS, CELEBRATIONS & CONCERNS
OFFERTORY

*DOXOLOGY / PRAYER OF DEDICATION #95

SERMON HYMN "Make Me a Captive Lord" #421

SCRIPTURE John 6:60-71

SERMON "Believe and Know" Rev. Thom Bryant

*HYMN OF DEDICATION "The Summons" TFWS #2130

*BENEDICTION/BENEDICTION SONG

**Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Audio/Video: Dean Pollpeter Keyboard: Alene Bailey

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Welcome

Faith Chapel ~ Casual Worship September 9, 2018 ~ 10:30am

WELCOME & ANNOUNCEMENTS

*PASS THE PEACE OF CHRIST

*PRAISE SONGS

PRAYERS OF THE PEOPLE/JOYS, CELEBRATIONS, & CONCERNS

OFFERTORY

"Fall Afresh" [Jobe/Reeves/Seeley] Worship Team

SCRIPTURE

John 6:60-71

SERMON

"Believe and Know" Rev. Thom Bryant

*BENEDICTION

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